



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Liebal, Peter

Club: LG-Züschen

Number: 722

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 4:27:57

Speed: 9.46 km/h

Running performance: 6:20 min/km

Rank in course/Total: 103 (of 185)

Rank in course/Men: 96 (of 161)

Best time in course: 2:53:52

Rank in category: 18(of 25)

Best time in the category: 3:06:58

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:15	5:36	18	6:11	97	6:28	3.25	18:15	5:36	18	6:11	97	6:28
Lap 2	3.25	19:01	5:51	21	6:18	117	19:00	6.50	37:16	5:44	20	12:29	107	20:01
Lap 3	3.25	19:31	6:00	21	6:31	119	6:41	9.75	56:47	5:49	20	19:00	109	23:23
Lap 4	3.25	19:22	5:57	20	6:16	106	6:24	13.00	1:16:09	5:51	20	25:16	109	26:30
Lap 5	3.25	20:00	6:09	21	6:34	115	6:48	16.25	1:36:09	5:55	20	31:50	110	32:34
Lap 6	3.25	20:37	6:20	23	7:00	121	7:19	19.50	1:56:46	5:59	20	38:50	112	39:53
Lap 7	3.25	20:34	6:19	18	6:35	104	7:12	22.75	2:17:20	6:02	20	45:25	109	46:52
Lap 8	3.25	20:42	6:22	16	20:41	95	20:41	26.00	2:38:02	6:04	20	51:38	107	53:49
Lap 9	3.25	21:19	6:33	19	6:27	94	7:20	29.25	2:59:21	6:07	20	58:05	107	1:01:09
Lap 10	3.25	22:04	6:47	19	6:20	96	8:08	32.50	3:21:25	6:11	19	1:03:59	105	1:09:07
Lap 11	3.25	22:33	6:56	19	6:35	97	22:32	35.75	3:43:58	6:15	18	1:09:39	105	1:17:39
Lap 12	3.25	22:24	6:53	18	6:05	86	8:34	39.00	4:06:22	6:19	18	1:15:19	99	1:26:01
Last lap Finish	3.25	21:35	6:38	15	5:40	82	8:33	42.25	4:27:57	6:20	18	1:20:59	96	1:34:05