



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Eberhardt, Stefan

Club: Lauffreunde Catharinau

Number: 627

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 4:32:44

Speed: 9.29 km/h

Running performance: 6:28 min/km

Rank in course/Total: 115 (of 185)

Rank in course/Men: 107 (of 161)

Best time in course: 2:53:52

Rank in category: 9(of 12)

Best time in the category: 3:32:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:51	5:29	8	5:04	84	6:04	3.25	17:51	5:29	8	5:04	84	6:04
Lap 2	3.25	16:06	4:57	4	2:19	37	16:05	6.50	33:57	5:13	5	7:23	53	16:42
Lap 3	3.25	16:12	4:59	4	2:19	33	3:22	9.75	50:09	5:08	5	9:42	48	16:45
Lap 4	3.25	16:56	5:12	4	2:51	46	3:58	13.00	1:07:05	5:09	4	12:33	46	17:26
Lap 5	3.25	17:39	5:25	6	3:07	54	4:27	16.25	1:24:44	5:12	5	15:40	51	21:09
Lap 6	3.25	18:45	5:46	7	3:31	73	5:27	19.50	1:43:29	5:18	5	19:11	52	26:36
Lap 7	3.25	20:00	6:09	7	4:01	93	6:38	22.75	2:03:29	5:25	5	23:12	55	33:01
Lap 8	3.25	20:53	6:25	7	4:05	102	20:52	26.00	2:24:22	5:33	5	27:17	62	40:09
Lap 9	3.25	22:46	7:00	9	5:52	122	8:47	29.25	2:47:08	5:42	6	32:11	71	48:56
Lap 10	3.25	25:35	7:52	12	8:12	147	11:39	32.50	3:12:43	5:55	6	39:18	86	1:00:25
Lap 11	3.25	26:20	8:06	12	9:15	144	26:19	35.75	3:39:03	6:07	6	46:16	93	1:12:44
Lap 12	3.25	28:09	8:39	11	11:19	150	14:19	39.00	4:07:12	6:20	8	53:46	103	1:26:51
Last lap Finish	3.25	25:32	7:51	12	9:16	130	12:30	42.25	4:32:44	6:27	9	59:58	107	1:38:52