



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

**Tischer, Stefan**

Club: TG Südwest Berlin

Number: 815

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 4:33:30

Speed: 9.27 km/h

Running performance: 6:28 min/km

Rank in course/Total: 118 (of 185)

Rank in course/Men: 110 (of 161)

Best time in course: 2:53:52

Rank in category: 10(of 12)

Best time in the category: 3:32:46

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:44	5:27	7	4:57	77	5:57	3.25	17:44	5:27	7	4:57	77	5:57
Lap 2	3.25	19:08	5:53	11	5:21	120	19:07	6.50	36:52	5:40	9	10:18	101	19:37
Lap 3	3.25	18:12	5:35	7	4:19	83	5:22	9.75	55:04	5:38	9	14:37	95	21:40
Lap 4	3.25	18:05	5:33	7	4:00	73	5:07	13.00	1:13:09	5:37	9	18:37	87	23:30
Lap 5	3.25	18:09	5:35	7	3:37	65	4:57	16.25	1:31:18	5:37	7	22:14	79	27:43
Lap 6	3.25	17:54	5:30	5	2:40	53	4:36	19.50	1:49:12	5:36	7	24:54	72	32:19
Lap 7	3.25	18:34	5:42	5	2:35	64	5:12	22.75	2:07:46	5:36	7	27:29	71	37:18
Lap 8	3.25	19:17	5:56	5	2:29	71	19:16	26.00	2:27:03	5:39	7	29:58	72	42:50
Lap 9	3.25	23:04	7:05	11	6:10	129	9:05	29.25	2:50:07	5:48	7	35:10	79	51:55
Lap 10	3.25	24:26	7:31	10	7:03	133	10:30	32.50	3:14:33	5:59	7	41:08	88	1:02:15
Lap 11	3.25	25:59	7:59	10	8:54	140	25:58	35.75	3:40:32	6:10	7	47:45	95	1:14:13
Lap 12	3.25	28:13	8:40	12	11:23	151	14:23	39.00	4:08:45	6:22	9	55:19	107	1:28:24
Last lap Finish	3.25	24:45	7:36	10	8:29	124	11:43	42.25	4:33:30	6:28	10	1:00:44	110	1:39:38