



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Martinez cortes, David

Club: madrid

Number: 731

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 4:33:13

Speed: 9.22 km/h

Running performance: 6:28 min/km

Rank in course/Total: 117 (of 185)

Rank in course/Men: 109 (of 161)

Best time in course: 2:53:52

Rank in category: 21(of 25)

Best time in the category: 3:06:58

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:23	5:39	19	6:19	99	6:36	3.25	18:23	5:39	19	6:19	99	6:36
Lap 2	3.25	17:51	5:29	17	5:08	82	17:50	6.50	36:14	5:34	18	11:27	93	18:59
Lap 3	3.25	18:34	5:42	18	5:34	94	5:44	9.75	54:48	5:37	18	17:01	90	21:24
Lap 4	3.25	19:01	5:51	18	5:55	92	6:03	13.00	1:13:49	5:40	18	22:56	92	24:10
Lap 5	3.25	19:34	6:01	19	6:08	102	6:22	16.25	1:33:23	5:44	19	29:04	94	29:48
Lap 6	3.25	20:10	6:12	20	6:33	109	6:52	19.50	1:53:33	5:49	19	35:37	98	36:40
Lap 7	3.25	20:40	6:21	19	6:41	106	7:18	22.75	2:14:13	5:53	19	42:18	101	43:45
Lap 8	3.25	21:47	6:42	23	21:46	123	21:46	26.00	2:36:00	6:00	19	49:36	102	51:47
Lap 9	3.25	22:28	6:54	22	7:36	119	8:29	29.25	2:58:28	6:06	19	57:12	104	1:00:16
Lap 10	3.25	23:03	7:05	22	7:19	119	9:07	32.50	3:21:31	6:12	20	1:04:05	106	1:09:13
Lap 11	3.25	23:34	7:15	23	7:36	119	23:33	35.75	3:45:05	6:17	19	1:10:46	107	1:18:46
Lap 12	3.25	25:16	7:46	24	8:57	126	11:26	39.00	4:10:21	6:25	21	1:19:18	112	1:30:00
Last lap Finish	3.25	22:52	7:02	22	6:57	106	9:50	42.25	4:33:13	6:27	21	1:26:15	109	1:39:21