



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

**Bohlender, Eva**

Club: CaBas CaBaNauTeN

Number: 611

Course: 42.25 km

Marathon

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 4:34:58

Speed: 9.22 km/h

Running performance: 6:31 min/km

Rank in course/Total: 120 (of 185)

Rank in course/Women: 9 (of 24)

Best time in course: 3:31:50

Rank in category: 2(of 3)

Best time in the category: 3:58:12

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Stage score |                |              |                 | Total ranking |               |                 |             |                |              |                 |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                 |             |               |                 | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Lap 1           | 3.25        | 20:58         | 6:27            | 3           | 3:30           | 13           | 5:28            | 3.25          | 20:58         | 6:27            | 3           | 3:30           | 13           | 5:28            |
| Lap 2           | 3.25        | 20:16         | 6:14            | 3           | 2:54           | 13           | 4:26            | 6.50          | 41:14         | 6:20            | 3           | 6:24           | 12           | 9:52            |
| Lap 3           | 3.25        | 19:52         | 6:06            | 2           | 2:27           | 9            | 3:51            | 9.75          | 1:01:06       | 6:15            | 2           | 8:51           | 11           | 13:43           |
| Lap 4           | 3.25        | 20:01         | 6:09            | 2           | 2:33           | 9            | 3:32            | 13.00         | 1:21:07       | 6:14            | 2           | 11:24          | 10           | 17:15           |
| Lap 5           | 3.25        | 20:34         | 6:19            | 3           | 2:47           | 11           | 4:26            | 16.25         | 1:41:41       | 6:15            | 3           | 14:11          | 11           | 21:41           |
| Lap 6           | 3.25        | 20:46         | 6:23            | 2           | 2:47           | 10           | 4:24            | 19.50         | 2:02:27       | 6:16            | 3           | 16:58          | 11           | 25:49           |
| Lap 7           | 3.25        | 21:23         | 6:34            | 2           | 3:14           | 14           | 5:04            | 22.75         | 2:23:50       | 6:19            | 2           | 20:12          | 10           | 30:36           |
| Lap 8           | 3.25        | 20:40         | 6:21            | 2           | 1:16           | 9            | 4:09            | 26.00         | 2:44:30       | 6:19            | 2           | 21:28          | 10           | 34:45           |
| Lap 9           | 3.25        | 20:45         | 6:23            | 2           | 2:10           | 9            | 4:41            | 29.25         | 3:05:15       | 6:19            | 2           | 23:38          | 9            | 39:26           |
| Lap 10          | 3.25        | 22:00         | 6:46            | 2           | 2:51           | 10           | 5:33            | 32.50         | 3:27:15       | 6:22            | 2           | 26:29          | 9            | 44:59           |
| Lap 11          | 3.25        | 22:15         | 6:50            | 2           | 2:43           | 11           | 5:29            | 35.75         | 3:49:30       | 6:25            | 2           | 29:12          | 9            | 50:28           |
| Lap 12          | 3.25        | 22:47         | 7:00            | 2           | 3:50           | 12           | 6:06            | 39.00         | 4:12:17       | 6:28            | 2           | 33:02          | 9            | 56:34           |
| Last lap Finish | 3.25        | 22:41         | 6:58            | 2           | 3:44           | 12           | 6:34            | 42.25         | 4:34:58       | 6:30            | 2           | 36:46          | 9            | 1:03:08         |