



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Unger, Thomas

Club: Laufftreff Arnstadt

Number: 820

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 4:36:43

Speed: 9.11 km/h

Running performance: 6:33 min/km

Rank in course/Total: 126 (of 185)

Rank in course/Men: 116 (of 161)

Best time in course: 2:53:52

Rank in category: 28(of 40)

Best time in the category: 3:16:10

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:12	5:35	20	5:22	94	6:25	3.25	18:12	5:35	20	5:22	94	6:25
Lap 2	3.25	18:26	5:40	21	4:59	100	18:25	6.50	36:38	5:38	21	10:21	98	19:23
Lap 3	3.25	18:51	5:48	23	5:04	103	6:01	9.75	55:29	5:41	19	15:25	99	22:05
Lap 4	3.25	19:33	6:00	24	5:24	110	6:35	13.00	1:15:02	5:46	22	20:49	102	25:23
Lap 5	3.25	20:20	6:15	26	6:05	119	7:08	16.25	1:35:22	5:52	24	26:54	108	31:47
Lap 6	3.25	20:06	6:11	26	5:34	107	6:48	19.50	1:55:28	5:55	24	32:28	105	38:35
Lap 7	3.25	21:55	6:44	33	7:07	135	8:33	22.75	2:17:23	6:02	25	39:35	110	46:55
Lap 8	3.25	21:36	6:38	28	6:45	117	21:35	26.00	2:38:59	6:06	25	46:02	109	54:46
Lap 9	3.25	23:04	7:05	32	7:25	129	9:05	29.25	3:02:03	6:13	25	53:27	111	1:03:51
Lap 10	3.25	22:54	7:02	29	6:55	115	8:58	32.50	3:24:57	6:18	26	1:00:22	113	1:12:39
Lap 11	3.25	22:46	7:00	22	6:33	104	22:45	35.75	3:47:43	6:22	26	1:06:27	113	1:21:24
Lap 12	3.25	24:36	7:34	28	8:21	123	10:46	39.00	4:12:19	6:28	28	1:13:37	116	1:31:58
Last lap Finish	3.25	24:24	7:30	27	8:11	117	11:22	42.25	4:36:43	6:32	28	1:20:33	116	1:42:51