



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Herzhoff, Peter

Club: Jüchen

Number: 667

Course: 42.25 km

Marathon

Category:

Senioren M65 (65-69 Jahre)

Total time: 4:39:01

Speed: 9.09 km/h

Running performance: 6:36 min/km

Rank in course/Total: 132 (of 185)

Rank in course/Men: 122 (of 161)

Best time in course: 2:53:52

Rank in category: 2(of 2)

Best time in the category: 3:53:07

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:14	5:18	2	1:25	57	5:27	3.25	17:14	5:18	2	1:25	57	5:27
Lap 2	3.25	18:02	5:32	2	2:04	90	18:01	6.50	35:16	5:25	2	3:29	73	18:01
Lap 3	3.25	18:38	5:44	2	2:07	100	5:48	9.75	53:54	5:31	2	5:36	82	20:30
Lap 4	3.25	20:22	6:15	2	3:00	135	7:24	13.00	1:14:16	5:42	2	8:36	97	24:37
Lap 5	3.25	20:44	6:22	2	3:17	129	7:32	16.25	1:35:00	5:50	2	11:53	105	31:25
Lap 6	3.25	20:47	6:23	2	3:03	124	7:29	19.50	1:55:47	5:56	2	14:56	108	38:54
Lap 7	3.25	21:42	6:40	2	3:19	133	8:20	22.75	2:17:29	6:02	2	18:15	111	47:01
Lap 8	3.25	22:19	6:51	2	4:13	129	22:18	26.00	2:39:48	6:08	2	22:28	111	55:35
Lap 9	3.25	24:30	7:32	2	5:29	146	10:31	29.25	3:04:18	6:18	2	27:57	118	1:06:06
Lap 10	3.25	24:30	7:32	2	5:24	134	10:34	32.50	3:28:48	6:25	2	33:21	123	1:16:30
Lap 11	3.25	24:37	7:34	2	5:24	126	24:36	35.75	3:53:25	6:31	2	38:45	128	1:27:06
Lap 12	3.25	23:39	7:16	2	4:20	109	9:49	39.00	4:17:04	6:35	2	43:05	125	1:36:43
Last lap Finish	3.25	21:57	6:45	2	2:49	93	8:55	42.25	4:39:01	6:36	2	45:54	122	1:45:09