



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Møllebro, Peter

Club: Klub 100 Marathon Danmark

Number: 736

Course: 42.25 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 4:41:50

Speed: 8.99 km/h

Running performance: 6:40 min/km

Rank in course/Total: 137 (of 185)

Rank in course/Men: 126 (of 161)

Best time in course: 2:53:52

Rank in category: 24(of 30)

Best time in the category: 3:39:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	20:49	6:24	27	7:04	141	9:02	3.25	20:49	6:24	27	7:04	141	9:02
Lap 2	3.25	20:37	6:20	28	6:33	146	20:36	6.50	41:26	6:22	26	13:37	146	24:11
Lap 3	3.25	20:52	6:25	28	6:23	147	8:02	9.75	1:02:18	6:23	27	20:00	148	28:54
Lap 4	3.25	22:09	6:48	28	7:18	154	9:11	13.00	1:24:27	6:29	28	27:18	151	34:48
Lap 5	3.25	21:21	6:34	28	5:55	144	8:09	16.25	1:45:48	6:30	28	33:13	151	42:13
Lap 6	3.25	21:20	6:33	27	5:10	135	8:02	19.50	2:07:08	6:31	28	38:23	149	50:15
Lap 7	3.25	22:26	6:54	28	6:02	144	9:04	22.75	2:29:34	6:34	28	44:25	146	59:06
Lap 8	3.25	21:53	6:44	24	4:56	124	21:52	26.00	2:51:27	6:35	28	48:53	146	1:07:14
Lap 9	3.25	21:50	6:43	22	4:47	108	7:51	29.25	3:13:17	6:36	28	52:47	141	1:15:05
Lap 10	3.25	22:26	6:54	21	5:17	106	8:30	32.50	3:35:43	6:38	27	55:44	138	1:23:25
Lap 11	3.25	22:06	6:48	16	4:40	88	22:05	35.75	3:57:49	6:39	26	57:14	135	1:31:30
Lap 12	3.25	22:17	6:51	15	5:04	84	8:27	39.00	4:20:06	6:40	25	58:33	131	1:39:45
Last lap Finish	3.25	21:44	6:41	15	4:29	85	8:42	42.25	4:41:50	6:40	24	1:02:42	126	1:47:58