



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Fetzer, Detlef

Club: Sandbox Warriors

Number: 634

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 4:44:11

Speed: 8.92 km/h

Running performance: 6:44 min/km

Rank in course/Total: 140 (of 185)

Rank in course/Men: 128 (of 161)

Best time in course: 2:53:52

Rank in category: 23(of 25)

Best time in the category: 3:06:58

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:58	6:27	23	8:54	146	9:11	3.25	20:58	6:27	23	8:54	146	9:11
Lap 2	3.25	20:39	6:21	23	7:56	147	20:38	6.50	41:37	6:24	24	16:50	147	24:22
Lap 3	3.25	20:57	6:26	24	7:57	148	8:07	9.75	1:02:34	6:25	24	24:47	149	29:10
Lap 4	3.25	21:16	6:32	25	8:10	149	8:18	13.00	1:23:50	6:26	24	32:57	149	34:11
Lap 5	3.25	22:13	6:50	25	8:47	154	9:01	16.25	1:46:03	6:31	24	41:44	152	42:28
Lap 6	3.25	22:06	6:48	25	8:29	146	8:48	19.50	2:08:09	6:34	24	50:13	152	51:16
Lap 7	3.25	22:36	6:57	25	8:37	145	9:14	22.75	2:30:45	6:37	25	58:50	150	1:00:17
Lap 8	3.25	22:13	6:50	24	22:12	127	22:12	26.00	2:52:58	6:39	25	1:06:34	148	1:08:45
Lap 9	3.25	21:56	6:44	21	7:04	113	7:57	29.25	3:14:54	6:39	24	1:13:38	144	1:16:42
Lap 10	3.25	21:57	6:45	18	6:13	94	8:01	32.50	3:36:51	6:40	24	1:19:25	142	1:24:33
Lap 11	3.25	22:51	7:01	22	6:53	108	22:50	35.75	3:59:42	6:42	24	1:25:23	137	1:33:23
Lap 12	3.25	23:06	7:06	19	6:47	96	9:16	39.00	4:22:48	6:44	24	1:31:45	135	1:42:27
Last lap Finish	3.25	21:23	6:34	14	5:28	80	8:21	42.25	4:44:11	6:43	23	1:37:13	128	1:50:19