



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Weese, Karina

Club: Oranienbaum-Wörlitz

Number: 826

Course: 42.25 km

Marathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 4:44:42

Speed: 8.90 km/h

Running performance: 6:44 min/km

Rank in course/Total: 142 (of 185)

Rank in course/Women: 13 (of 24)

Best time in course: 3:31:50

Rank in category: 1(of 2)

Best time in the category: 4:44:42

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.25	21:39	6:39	2	0:18	18	6:09	3.25	21:39	6:39	2	0:18	18	6:09
Lap 2	3.25	20:56	6:26	1	-	15	5:06	6.50	42:35	6:33	1	-	15	11:13
Lap 3	3.25	22:24	6:53	1	-	17	6:23	9.75	1:04:59	6:39	1	-	16	17:36
Lap 4	3.25	20:40	6:21	1	-	11	4:11	13.00	1:25:39	6:35	1	-	16	21:47
Lap 5	3.25	21:20	6:33	1	-	13	5:12	16.25	1:46:59	6:35	1	-	16	26:59
Lap 6	3.25	21:12	6:31	1	-	12	4:50	19.50	2:08:11	6:34	1	-	16	31:33
Lap 7	3.25	21:30	6:36	1	-	15	5:11	22.75	2:29:41	6:34	1	-	16	36:27
Lap 8	3.25	21:41	6:40	1	-	12	5:10	26.00	2:51:22	6:35	1	-	14	41:37
Lap 9	3.25	24:25	7:30	1	-	17	8:21	29.25	3:15:47	6:41	1	-	16	49:58
Lap 10	3.25	22:17	6:51	1	-	12	5:50	32.50	3:38:04	6:42	1	-	16	55:48
Lap 11	3.25	22:05	6:47	1	-	9	5:19	35.75	4:00:09	6:43	1	-	16	1:01:07
Lap 12	3.25	22:20	6:52	1	-	11	5:39	39.00	4:22:29	6:43	1	-	15	1:06:46
Last lap Finish	3.25	22:13	6:50	1	-	11	6:06	42.25	4:44:42	6:44	1	-	13	1:12:52