



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Höhlein, Mathias

Club: Erlangen

Number: 93

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 52:20

Speed: 10.32 km/h

Running performance: 5:22 min/km

Rank in course/Total: 60 (of 220)

Rank in course/Men: 50 (of 126)

Best time in course: 35:30

Rank in category: 11(of 22)

Best time in the category: 35:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:29	5:22	12	6:16	62	6:16	3.25	17:29	5:22	12	6:16	62	6:16
Lap 2	3.25	17:32	5:23	10	5:27	48	17:31	6.50	35:01	5:23	12	11:43	56	17:40
Last lap Finish	3.25	17:19	5:19	9	5:07	44	5:07	9.75	52:20	5:22	11	16:50	50	16:50