



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Tschorn, Nils

Club: Woolworth Nürnberg

Number: 817

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:46:03

Speed: 7.95 km/h

Running performance: 7:18 min/km

Rank in course/Total: 216 (of 244)

Rank in course/Men: 161 (of 177)

Best time in course: 1:31:43

Rank in category: 25(of 30)

Best time in the category: 1:45:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:52	6:25	25	6:42	157	8:54	3.25	20:52	6:25	25	6:42	157	8:54
Lap 2	3.25	22:56	7:03	29	8:20	170	10:21	6.50	43:48	6:44	29	15:02	169	19:15
Lap 3	3.25	24:01	7:23	29	9:04	173	11:17	9.75	1:07:49	6:57	28	24:06	170	30:04
Lap 4	3.25	23:38	7:16	25	8:20	160	10:25	13.00	1:31:27	7:02	28	32:26	169	40:16
Lap 5	3.25	24:58	7:40	25	9:30	162	11:42	16.25	1:56:25	7:09	28	41:56	168	51:28
Lap 6	3.25	24:29	7:31	25	9:11	155	11:08	19.50	2:20:54	7:13	27	51:07	165	1:02:12
Last lap Finish	3.25	25:09	7:44	24	9:42	148	12:21	22.75	2:46:03	7:17	25	1:00:49	161	1:14:20