



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Grun, Jürgen

Club: Marathonteam

Number: 651

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 5:07:38

Speed: 8.19 km/h

Running performance: 7:17 min/km

Rank in course/Total: 168 (of 185)

Rank in course/Men: 152 (of 161)

Best time in course: 2:53:52

Rank in category: 37(of 40)

Best time in the category: 3:16:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	18:28	5:40	23	5:38	100	6:41	3.25	18:28	5:40	23	5:38	100	6:41
Lap 2	3.25	19:21	5:57	28	5:54	124	19:20	6.50	37:49	5:49	26	11:32	112	20:34
Lap 3	3.25	20:50	6:24	36	7:03	145	8:00	9.75	58:39	6:00	28	18:35	121	25:15
Lap 4	3.25	22:13	6:50	38	8:04	155	9:15	13.00	1:20:52	6:13	32	26:39	135	31:13
Lap 5	3.25	22:11	6:49	37	7:56	153	8:59	16.25	1:43:03	6:20	35	34:35	142	39:28
Lap 6	3.25	23:36	7:15	38	9:04	156	10:18	19.50	2:06:39	6:29	36	43:39	148	49:46
Lap 7	3.25	25:05	7:43	39	10:17	155	11:43	22.75	2:31:44	6:40	37	53:56	152	1:01:16
Lap 8	3.25	24:56	7:40	39	10:05	154	24:55	26.00	2:56:40	6:47	37	1:03:43	152	1:12:27
Lap 9	3.25	25:15	7:46	36	9:36	149	11:16	29.25	3:21:55	6:54	37	1:13:19	152	1:23:43
Lap 10	3.25	25:59	7:59	38	10:00	150	12:03	32.50	3:47:54	7:00	37	1:23:19	152	1:35:36
Lap 11	3.25	26:42	8:12	35	10:29	148	26:41	35.75	4:14:36	7:07	37	1:33:20	152	1:48:17
Lap 12	3.25	25:48	7:56	34	9:33	134	11:58	39.00	4:40:24	7:11	37	1:41:42	152	2:00:03
Last lap Finish	3.25	27:14	8:22	34	11:01	140	14:12	42.25	5:07:38	7:16	37	1:51:28	152	2:13:46