



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Waltemate, Franzi

Number: 248

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 52:45

Speed: 11.09 km/h

Running performance: 5:25 min/km

Rank in course/Total: 67 (of 220)

Rank in course/Women: 13 (of 94)

Best time in course: 40:57

Rank in category: 2(of 6)

Best time in the category: 40:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:18	5:00	2	3:21	7	3:21	3.25	16:18	5:00	2	3:21	7	3:21
Lap 2	3.25	17:58	5:31	2	4:04	16	17:57	6.50	34:16	5:16	2	7:25	11	17:18
Last lap Finish	3.25	18:29	5:41	3	4:23	22	4:23	9.75	52:45	5:24	2	11:48	13	11:48