



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Rossbach, Daisy

Club: Mutterstadt

Number: 771

Course: 42.25 km

Marathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 5:27:17

Speed: 7.75 km/h

Running performance: 7:45 min/km

Rank in course/Total: 177 (of 185)

Rank in course/Women: 23 (of 24)

Best time in course: 3:31:50

Rank in category: 2(of 2)

Best time in the category: 5:19:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Total		Pos		Behind		
				Cat.	Women	Cat.	Women	km	Time	min/km	Cat.	Women	Cat.	Women				
Lap 1	3.25	23:00	7:04	1	-	21	7:30	3.25	23:00	7:04	1	-	21	7:30				
Lap 2	3.25	22:32	6:56	1	-	19	6:42	6.50	45:32	7:00	1	-	21	14:10				
Lap 3	3.25	21:42	6:40	1	-	16	5:41	9.75	1:07:14	6:53	1	-	18	19:51				
Lap 4	3.25	22:06	6:48	1	-	16	5:37	13.00	1:29:20	6:52	1	-	17	25:28				
Lap 5	3.25	22:11	6:49	1	-	17	6:03	16.25	1:51:31	6:51	1	-	17	31:31				
Lap 6	3.25	22:56	7:03	1	-	17	6:34	19.50	2:14:27	6:53	1	-	17	37:49				
Lap 7	3.25	23:39	7:16	2	2:57	18	7:20	22.75	2:38:06	6:56	1	-	17	44:52				
Lap 8	3.25	24:17	7:28	1	-	18	7:46	26.00	3:02:23	7:00	1	-	17	52:38				
Lap 9	3.25	26:31	8:09	1	-	19	10:27	29.25	3:28:54	7:08	1	-	17	1:03:05				
Lap 10	3.25	25:52	7:57	2	0:21	22	9:25	32.50	3:54:46	7:13	1	-	17	1:12:30				
Lap 11	3.25	28:58	8:54	2	4:30	23	12:12	35.75	4:23:44	7:22	1	-	18	1:24:42				
Lap 12	3.25	29:58	9:13	2	4:25	23	13:17	39.00	4:53:42	7:31	2	3:45	20	1:37:59				
Last lap Finish	3.25	33:35	10:20	2	4:10	23	17:28	42.25	5:27:17	7:44	2	7:55	23	1:55:27				