



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Schubert, Gerhard

Club: Racebooker LT Höpkens Ruh
Number: 789

Course: 42.25 km
Marathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 5:28:45

Speed: 7.71 km/h

Running performance: 7:47 min/km

Rank in course/Total: 180 (of 185)

Rank in course/Men: 157 (of 161)

Best time in course: 2:53:52

Rank in category: 30(of 30)

Best time in the category: 3:39:08

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:40	6:21	26	6:55	139	8:53	3.25	20:40	6:21	26	6:55	139	8:53
Lap 2	3.25	21:42	6:40	29	7:38	155	21:41	6.50	42:22	6:31	28	14:33	153	25:07
Lap 3	3.25	22:22	6:52	30	7:53	156	9:32	9.75	1:04:44	6:38	29	22:26	155	31:20
Lap 4	3.25	22:18	6:51	30	7:27	157	9:20	13.00	1:27:02	6:41	29	29:53	155	37:23
Lap 5	3.25	22:28	6:54	29	7:02	156	9:16	16.25	1:49:30	6:44	29	36:55	155	45:55
Lap 6	3.25	23:30	7:13	29	7:20	154	10:12	19.50	2:13:00	6:49	29	44:15	155	56:07
Lap 7	3.25	25:15	7:46	29	8:51	156	11:53	22.75	2:38:15	6:57	29	53:06	155	1:07:47
Lap 8	3.25	25:41	7:54	29	8:44	155	25:40	26.00	3:03:56	7:04	29	1:01:22	155	1:19:43
Lap 9	3.25	27:01	8:18	29	9:58	155	13:02	29.25	3:30:57	7:12	29	1:10:27	155	1:32:45
Lap 10	3.25	26:57	8:17	29	9:48	155	13:01	32.50	3:57:54	7:19	29	1:17:55	155	1:45:36
Lap 11	3.25	28:42	8:49	29	11:16	152	28:41	35.75	4:26:36	7:27	29	1:26:01	156	2:00:17
Lap 12	3.25	29:56	9:12	29	12:43	155	16:06	39.00	4:56:32	7:36	29	1:34:59	156	2:16:11
Last lap Finish	3.25	32:13	9:54	29	14:58	153	19:11	42.25	5:28:45	7:46	30	1:49:37	157	2:34:53