



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Günther, Daniel

Club: Team ultraSports

Number: 70

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 49:42

Speed: 11.77 km/h

Running performance: 5:06 min/km

Rank in course/Total: 44 (of 220)

Rank in course/Men: 38 (of 126)

Best time in course: 35:30

Rank in category: 8(of 22)

Best time in the category: 35:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:23	4:44	8	4:10	32	4:10	3.25	15:23	4:44	8	4:10	32	4:10
Lap 2	3.25	17:13	5:17	9	5:08	46	17:12	6.50	32:36	5:00	8	9:18	37	15:15
Last lap Finish	3.25	17:06	5:15	8	4:54	38	4:54	9.75	49:42	5:05	8	14:12	38	14:12