



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Roberts, Daniela

Club: Briard-Pfoten Jena

Number: 195

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 54:31

Speed: 9.91 km/h

Running performance: 5:35 min/km

Rank in course/Total: 86 (of 220)

Rank in course/Women: 21 (of 94)

Best time in course: 40:57

Rank in category: 4(of 15)

Best time in the category: 52:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:21	5:20	2	0:08	16	4:24	3.25	17:21	5:20	2	0:08	16	4:24
Lap 2	3.25	18:29	5:41	4	0:42	23	18:28	6.50	35:50	5:30	2	0:47	17	18:52
Last lap Finish	3.25	18:41	5:44	4	1:12	24	4:35	9.75	54:31	5:35	4	1:59	21	13:34