



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

**Nöpel, Julius-Alexander**

Club: Dresden

Number: 170

Course: 9.75 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 54:19

Speed: 9.94 km/h

Running performance: 5:34 min/km

Rank in course/Total: 81 (of 220)

Rank in course/Men: 64 (of 126)

Best time in course: 35:30

Rank in category: 7(of 10)

Best time in the category: 42:19

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	17:38	5:25	7	4:49	69	6:25	3.25	17:38	5:25	7	4:49	69	6:25
Lap 2	3.25	18:26	5:40	8	4:16	66	18:25	6.50	36:04	5:32	7	8:54	67	18:43
Last lap Finish	3.25	18:15	5:36	6	4:31	58	6:03	9.75	54:19	5:34	7	12:00	64	18:49