



# 14. Kristall-Marathon

Merkers / 16.02.2020

## Detailed evaluation

Engel, Alicia

Club: LG Vellmar

Number: 45

Course: 9.75 km

10 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 55:06

Speed: 10.62 km/h

Running performance: 5:39 min/km

Rank in course/Total: 90 (of 220)

Rank in course/Women: 22 (of 94)

Best time in course: 40:57

Rank in category: 3(of 7)

Best time in the category: 44:24

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:57	5:12	3	2:32	13	4:00	3.25	16:57	5:12	3	2:32	13	4:00
Lap 2	3.25	0:01	0:00	1	-	1	-	6.50	16:58	2:36	1	-	1	-
Last lap Finish	3.25	38:08	11:43	7	23:09	93	24:02	9.75	55:06	5:39	3	10:42	22	14:09