



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Scheibl, Marcel

Club: Team Lauf-Liebe

Number: 203

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 56:34

Speed: 10.34 km/h

Running performance: 5:48 min/km

Rank in course/Total: 98 (of 220)

Rank in course/Men: 73 (of 126)

Best time in course: 35:30

Rank in category: 13(of 22)

Best time in the category: 35:30

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 17:31 | 5:23 | 13 | 6:18 | 65 | 6:18 | 3.25 | 17:31 | 5:23 | 13 | 6:18 | 65 | 6:18 |
| Lap 2 | 3.25 | 19:36 | 6:01 | 14 | 7:31 | 79 | 19:35 | 6.50 | 37:07 | 5:42 | 13 | 13:49 | 74 | 19:46 |
| Last lap Finish | 3.25 | 19:27 | 5:59 | 14 | 7:15 | 74 | 7:15 | 9.75 | 56:34 | 5:48 | 13 | 21:04 | 73 | 21:04 |