



VR Bank Charity Duathlon Bidingen

Bidingen / 16.08.2020

Detailed evaluation

Schlaeger, Ralf

Total time: 2:30:50

Club: 1. Hanauer Lauftreff/LC Hanau

Number: 91

Course: 50.50 km

Rank in course/Total: 48 (of 54)

Chari Tria Olymp Duathlon(10-38-2,5)

Rank in course/Men: 46 (of 50)

Best time in course: 1:39:33

Category:

Rank in category: 4(of 6)

Senioren 4 MK55

Best time in the category: 1:57:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lauf	10.00	56:07	5:36	5	12:56	48	22:24	10.00	56:07	5:36	7	12:56	51	22:24
Rad	38.00	1:19:52	2:06	5	16:45	46	22:42	48.00	2:15:59	2:49	7	29:41	50	45:06
Lauf	2.50	14:51	5:56	4	4:05	40	6:11	50.50	2:30:50	2:59	4	33:46	46	51:17