



VR Bank Charity Duathlon Bidingen

Bidingen / 16.08.2020

Detailed evaluation

Lord, Jason

Total time: 1:06:30

Club: TuS Neukölln

Number: 158

Course: 27.50 km

Rank in course/Total: 12 (of 50)

Chari Tria Duathlon(5-20,0-2,5)

Rank in course/Men: 12 (of 37)

Best time in course: 58:07

Category:

Rank in category: 2(of 2)

Männer AK4

Best time in the category: 1:04:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lauf	5.00	20:47	4:09	2	0:06	8	4:01	5.00	20:47	4:09	3	0:06	38	4:01
Rad	20.00	34:51	1:44	2	3:07	16	3:55	25.00	55:38	2:13	3	3:13	34	6:36
Lauf	2.50	10:52	4:20	1	-	7	1:47	27.50	1:06:30	2:25	2	1:52	12	8:23