



VR Bank Charity Duathlon Bidingen

Bidingen / 16.08.2020

Detailed evaluation

Braunbeck, Nick

Total time: 1:13:29

Club: TV Windecken

Number: 139

Course: 27.50 km

Rank in course/Total: 23 (of 50)

Chari Tria Duathlon(5-20,0-2,5)

Rank in course/Men: 21 (of 37)

Best time in course: 58:07

Category:

Rank in category: 4(of 5)

Männer AK1

Best time in the category: 58:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lauf	5.00	23:34	4:42	5	6:48	20	6:48	5.00	23:34	4:42	6	6:48	38	6:48
Rad	20.00	37:53	1:53	3	5:37	19	6:57	25.00	1:01:27	2:27	6	12:25	34	12:25
Lauf	2.50	12:02	4:48	4	2:57	14	2:57	27.50	1:13:29	2:40	4	15:22	21	15:22