



VR Bank Charity Duathlon Bidingen

Bidingen / 16.08.2020

Detailed evaluation

Söder, Joachim

Total time: 1:57:04

Club: TV 1862 Langen

Number: 90

Course: 50.50 km

Rank in course/Total: 5 (of 54)

Chari Tria Olymp Duathlon(10-38-2,5)

Rank in course/Men: 5 (of 50)

Best time in course: 1:39:33

Category:

Rank in category: 1(of 6)

Senioren 4 MK55

Best time in the category: 1:57:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lauf	10.00	43:11	4:19	1	-	9	9:28	10.00	43:11	4:19	1	-	51	9:28
Rad	38.00	1:03:07	1:39	1	-	5	5:57	48.00	1:46:18	2:12	1	-	50	15:25
Lauf	2.50	10:46	4:18	1	-	4	2:06	50.50	1:57:04	2:19	1	-	5	17:31