



42. Alteburglauf
Arnstadt / 10.09.2021

Detailed evaluation

Hengelhaupt, Thorsten

Club: VfB Torpedo Ichtershausen
Number: 434

Course: 21.10 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:05:26

Speed: 10.05 km/h
Running performance: 5:56 min/km

Rank in course/Total: 6 (of 11)

Rank in course/Men: 5 (of 9)

Best time in course: 1:33:48

Rank in category: 2(of 2)

Best time in the category: 1:44:09

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	10.40	58:09	5:35	2	8:05	7	11:37	10.40	58:09	5:35	2	8:05	7	11:37
Alteburg-Turm	10.70	1:07:17	6:17	2	13:12	6	20:01	21.10	2:05:26	5:56	2	21:17	5	31:38