



42. Alteburglauf
Arnstadt / 10.09.2021

Detailed evaluation

Hahnemann, Norbert

Club: SG Motor Arnstadt
Number: 433

Course: 21.10 km
Halbmarathon

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:14:34

Speed: 9.36 km/h
Running performance: 6:23 min/km

Rank in course/Total: 10 (of 11)

Rank in course/Men: 8 (of 9)

Best time in course: 1:33:48

Rank in category: 1(of 1)

Best time in the category: 2:14:34

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	10.40	1:07:59	6:32	1	-	9	21:27	10.40	1:07:59	6:32	1	-	9	21:27
Alteburg-Turm	10.70	1:06:35	6:13	1	-	5	19:19	21.10	2:14:34	6:22	1	-	8	40:46