



42. Alteburglauf
Arnstadt / 10.09.2021

Detailed evaluation

Manzke, Helena

Club: LSV Lok Arnstadt
Number: 358

Course: 3.50 km
Jugend- und Jedermannlauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 14:31

Speed: 12.40 km/h
Running performance: 4:09 min/km

Rank in course/Total: 2 (of 25)
Rank in course/Women: 1 (of 11)
Best time in course: 14:31

Rank in category: 1(of 2)
Best time in the category: 14:31