



42. Alteburglauf
Arnstadt / 10.09.2021

Detailed evaluation

Smolarek, Ronja

Club: Arnstadt
Number: 365

Course: 3.50 km
Jugend- und Jedermannlauf

Category:
Jederfrau

Total time: 18:05

Speed: 9.95 km/h
Running performance: 5:10 min/km

Rank in course/Total: 9 (of 25)
Rank in course/Women: 3 (of 11)
Best time in course: 14:31

Rank in category: 1(of 3)
Best time in the category: 18:05