



42. Alteburglauf
Arnstadt / 10.09.2021

Detailed evaluation

Grosser, Christopher

Club: Maik sagt!
Number: 431

Course: 21.10 km
Halbmarathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:47:43

Speed: 11.70 km/h
Running performance: 5:07 min/km

Rank in course/Total: 4 (of 11)

Rank in course/Men: 4 (of 9)

Best time in course: 1:33:48

Rank in category: 1(of 2)

Best time in the category: 1:47:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	10.40	52:20	5:01	1	-	3	5:48	10.40	52:20	5:01	1	-	3	5:48
Alteburg-Turm	10.70	55:23	5:10	1	-	4	8:07	21.10	1:47:43	5:06	1	-	4	13:55