



42. Alteburglauf
Arnstadt / 10.09.2021

Detailed evaluation

Herrmann, Maik

Club: Lauftreff Arnstadt Alteburg
Number: 20

Course: 10.60 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 49:31

Speed: 12.12 km/h
Running performance: 4:40 min/km

Rank in course/Total: 6 (of 46)

Rank in course/Men: 6 (of 33)

Best time in course: 41:51

Rank in category: 1(of 4)

Best time in the category: 49:31