



42. Alteburglauf  
Arnstadt / 10.09.2021

## Detailed evaluation

**Kneise, Wolfram**

Club: Langstrecke Arnstadt  
Number: 26

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 50:56

Speed: 11.78 km/h  
Running performance: 4:49 min/km

Rank in course/Total: 9 (of 46)

Rank in course/Men: 9 (of 33)

Best time in course: 41:51

Rank in category: 2(of 5)

Best time in the category: 41:51