



42. Alteburglauf
Arnstadt / 10.09.2021

Detailed evaluation

Krämer, Sascha

Club: Dream Team Ilmenau
Number: 28

Course: 10.60 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 58:36

Speed: 10.24 km/h
Running performance: 5:32 min/km

Rank in course/Total: 24 (of 46)

Rank in course/Men: 20 (of 33)

Best time in course: 41:51

Rank in category: 5(of 5)

Best time in the category: 46:30