



42. Alteburglauf  
Arnstadt / 10.09.2021

## Detailed evaluation

**Bohnebuck, Ulf**

Club: SG Motor Arnstadt  
Number: 11

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 59:06

Speed: 10.15 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 25 (of 46)

Rank in course/Men: 21 (of 33)

Best time in course: 41:51

Rank in category: 2(of 3)

Best time in the category: 53:28