



42. Alteburglauf  
Arnstadt / 10.09.2021

## Detailed evaluation

**Seever, Thorsten**

Club: Sg Motor Arnstadt  
Number: 43

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 59:42

Speed: 10.05 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 26 (of 46)

Rank in course/Men: 22 (of 33)

Best time in course: 41:51

Rank in category: 2(of 3)

Best time in the category: 46:10