



50. Brockenlauf

Ilseburg / 04.09.2021

Detailed evaluation

Müller, Rainer

Club: TuS 13 Hembsen
Number: 733

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 56:46

Speed: 10.15 km/h
Running performance: 5:55 min/km

Rank in course/Total: 82 (of 148)

Rank in course/Men: 62 (of 94)

Best time in course: 35:15

Rank in category: 5(of 5)

Best time in the category: 51:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	29:55	7:17	5	4:12	68	12:25	4.10	29:55	7:17	6	4:12	95	12:25
Loddenke	2.20	11:02	5:00	3	0:54	56	4:03	6.30	40:57	6:30	6	4:41	94	16:28
Ilseburg/Markt	3.30	15:49	4:47	2	0:44	45	5:03	9.60	56:46	5:54	5	5:25	62	21:31