



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Ernst, Daniela

Club: Ilseburg
Number: 673

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 59:43

Speed: 9.04 km/h
Running performance: 6:13 min/km

Rank in course/Total: 99 (of 148)

Rank in course/Women: 28 (of 54)

Best time in course: 42:53

Rank in category: 5(of 7)

Best time in the category: 47:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	29:58	7:18	5	6:06	28	8:55	4.10	29:58	7:18	8	6:06	29	8:55
Loddenke	2.20	11:45	5:20	4	2:31	24	3:21	6.30	41:43	6:37	8	8:37	55	12:16
Ilseburg/Markt	3.30	18:00	5:27	6	3:46	36	4:34	9.60	59:43	6:13	5	12:23	28	16:50