



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Wittenburg, Thomas

Club: Neu Wulmstorf  
Number: 774

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 59:15

Speed: 9.72 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 92 (of 148)

Rank in course/Men: 67 (of 94)

Best time in course: 35:15

Rank in category: 7(of 11)

Best time in the category: 41:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	29:58	7:18	8	9:07	70	12:28	4.10	29:58	7:18	12	9:07	95	12:28
Loddenke	2.20	12:39	5:45	8	4:49	73	5:40	6.30	42:37	6:45	12	13:37	94	18:08
Ilseburg/Markt	3.30	16:38	5:02	5	4:33	62	5:52	9.60	59:15	6:10	7	18:07	67	24:00