



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Gieraths, Alexander

Club: Calbe  
Number: 792

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:00:30

Speed: 8.93 km/h  
Running performance: 6:18 min/km

Rank in course/Total: 105 (of 148)

Rank in course/Men: 74 (of 94)

Best time in course: 35:15

Rank in category: 10(of 11)

Best time in the category: 41:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:04	7:20	9	9:13	71	12:34	4.10	30:04	7:20	12	9:13	95	12:34
Loddenke	2.20	12:22	5:37	7	4:32	68	5:23	6.30	42:26	6:44	12	13:26	94	17:57
Ilseburg/Markt	3.30	18:04	5:28	10	5:59	76	7:18	9.60	1:00:30	6:18	10	19:22	74	25:15