



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Korneli, Manuela

Club: Mädels aus Zeule
Number: 709

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 56:32

Speed: 9.55 km/h
Running performance: 5:53 min/km

Rank in course/Total: 78 (of 148)
Rank in course/Women: 19 (of 54)
Best time in course: 42:53

Rank in category: 2(of 5)
Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	28:34	6:58	2	3:49	19	7:31	4.10	28:34	6:58	6	3:49	55	7:31
Loddenke	2.20	11:05	5:02	2	0:49	18	2:41	6.30	39:39	6:17	6	4:38	55	10:12
Ilseburg/Markt	3.30	16:53	5:06	3	2:14	23	3:27	9.60	56:32	5:53	2	6:52	19	13:39