



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Meyer, Thomas

Club: Soltau
Number: 730

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:02:23

Speed: 9.23 km/h
Running performance: 6:30 min/km

Rank in course/Total: 109 (of 148)

Rank in course/Men: 76 (of 94)

Best time in course: 35:15

Rank in category: 5(of 10)

Best time in the category: 51:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	32:24	7:54	6	6:06	79	14:54	4.10	32:24	7:54	11	6:06	95	14:54
Loddenke	2.20	12:30	5:40	5	2:10	71	5:31	6.30	44:54	7:07	10	8:16	94	20:25
Ilseburg/Markt	3.30	17:29	5:17	5	2:56	72	6:43	9.60	1:02:23	6:29	5	11:12	76	27:08