



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Krügel, Ingrid

Club: GutsMuths-Rennsteiglaufverein
Number: 250

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W75 (75 und älter)

Total time: 1:03:17

Speed: 8.53 km/h
Running performance: 6:35 min/km

Rank in course/Total: 114 (of 148)

Rank in course/Women: 34 (of 54)

Best time in course: 42:53

Rank in category: 1(of 1)

Best time in the category: 1:03:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Women	Behind Women	km	Time			min/km	Pos Women	Behind Women
Ilsestein	4.10	31:47	7:45	1	-	35	10:44	4.10	31:47	7:45	1	-	55	10:44
Loddenke	2.20	13:20	6:03	1	-	39	4:56	6.30	45:07	7:09	1	-	55	15:40
Ilseburg/Markt	3.30	18:10	5:30	1	-	38	4:44	9.60	1:03:17	6:35	1	-	34	20:24