



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Jahnke, Tom

Club: Erfurt  
Number: 699

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:01:45

Speed: 8.74 km/h  
Running performance: 6:26 min/km

Rank in course/Total: 108 (of 148)

Rank in course/Men: 75 (of 94)

Best time in course: 35:15

Rank in category: 12(of 13)

Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:17	7:23	12	10:19	72	12:47	4.10	30:17	7:23	14	10:19	95	12:47
Loddenke	2.20	12:15	5:34	12	4:25	67	5:16	6.30	42:32	6:45	14	14:42	94	18:03
Ilseburg/Markt	3.30	19:13	5:49	12	7:22	80	8:27	9.60	1:01:45	6:25	12	22:04	75	26:30