



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Krutzsch, Cindy

Club: LG Mauerweg Berlin e.V.
Number: 715

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:00:57

Speed: 8.86 km/h
Running performance: 6:21 min/km

Rank in course/Total: 106 (of 148)

Rank in course/Women: 32 (of 54)

Best time in course: 42:53

Rank in category: 6(of 7)

Best time in the category: 42:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	30:27	7:25	6	9:24	30	9:24	4.10	30:27	7:25	8	9:24	55	9:24
Loddenke	2.20	13:06	5:57	6	4:42	36	4:42	6.30	43:33	6:54	8	14:06	55	14:06
Ilseburg/Markt	3.30	17:24	5:16	6	3:58	27	3:58	9.60	1:00:57	6:20	6	18:04	32	18:04