



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Kölsch, Martina

Club: LC Solbad Ravensberg
Number: 810

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 1:04:19

Speed: 8.40 km/h
Running performance: 6:42 min/km

Rank in course/Total: 118 (of 148)

Rank in course/Women: 38 (of 54)

Best time in course: 42:53

Rank in category: 3(of 5)

Best time in the category: 56:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		
								km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	32:55	8:01	3	3:00	39	11:52	4.10	32:55	8:01	6	3:00	55	11:52
Loddenke	2.20	13:18	6:02	3	2:16	38	4:54	6.30	46:13	7:20	6	5:16	55	16:46
Ilseburg/Markt	3.30	18:06	5:29	3	2:17	37	4:40	9.60	1:04:19	6:41	3	7:33	38	21:26