



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Friedling, Marcel

Club: Werder / OT Glindow
Number: 678

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 55:34

Speed: 9.72 km/h
Running performance: 5:47 min/km

Rank in course/Total: 73 (of 148)

Rank in course/Men: 55 (of 94)

Best time in course: 35:15

Rank in category: 9(of 11)

Best time in the category: 44:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:46	6:31	8	4:26	51	9:16	4.10	26:46	6:31	12	4:26	95	9:16
Loddenke	2.20	12:46	5:48	10	4:03	75	5:47	6.30	39:32	6:16	12	8:29	94	15:03
Ilseburg/Markt	3.30	16:02	4:51	8	2:43	50	5:16	9.60	55:34	5:47	9	11:12	55	20:19