



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Gemm, Sarah

Club: Hann.Münden
Number: 151

Course: 9.60 km
9,6 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 1:04:04

Speed: 8.43 km/h
Running performance: 6:40 min/km

Rank in course/Total: 117 (of 148)

Rank in course/Women: 37 (of 54)

Best time in course: 42:53

Rank in category: 6(of 7)

Best time in the category: 49:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	33:29	8:10	7	8:46	41	12:26	4.10	33:29	8:10	8	8:46	55	12:26
Loddenke	2.20	13:02	5:55	6	3:13	34	4:38	6.30	46:31	7:23	8	11:59	55	17:04
Ilseburg/Markt	3.30	17:33	5:19	6	2:51	29	4:07	9.60	1:04:04	6:40	6	14:50	37	21:11