



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Kruppen-Müller, Sabine

Club: Trail-Runners Oberharz
Number: 714

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:06:00

Speed: 8.73 km/h
Running performance: 6:52 min/km

Rank in course/Total: 123 (of 148)

Rank in course/Women: 42 (of 54)

Best time in course: 42:53

Rank in category: 5(of 6)

Best time in the category: 46:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	34:13	8:20	6	10:54	43	13:10	4.10	34:13	8:20	7	10:54	55	13:10
Loddenke	2.20	13:33	6:09	4	4:27	42	5:09	6.30	47:46	7:34	7	15:21	55	18:19
Ilseburg/Markt	3.30	18:14	5:31	4	3:50	40	4:48	9.60	1:06:00	6:52	5	19:11	42	23:07