



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Nehrkorn, Joachim

Club: Werne an der Lippe
Number: 734

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:07:19

Speed: 8.02 km/h
Running performance: 7:01 min/km

Rank in course/Total: 128 (of 148)

Rank in course/Men: 84 (of 94)

Best time in course: 35:15

Rank in category: 5(of 5)

Best time in the category: 48:15

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 33:37 | 8:11 | 5 | 9:50 | 84 | 16:07 | 4.10 | 33:37 | 8:11 | 6 | 9:50 | 95 | 16:07 |
| Loddenke | 2.20 | 13:47 | 6:15 | 5 | 3:34 | 85 | 6:48 | 6.30 | 47:24 | 7:31 | 6 | 13:24 | 94 | 22:55 |
| Ilseburg/Markt | 3.30 | 19:55 | 6:02 | 5 | 5:40 | 85 | 9:09 | 9.60 | 1:07:19 | 7:00 | 5 | 19:04 | 84 | 32:04 |