



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Hennig, Christian

Club: Die Risikogruppe
Number: 687

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:10:32

Speed: 7.66 km/h
Running performance: 7:21 min/km

Rank in course/Total: 135 (of 148)

Rank in course/Men: 90 (of 94)

Best time in course: 35:15

Rank in category: 3(of 4)

Best time in the category: 1:02:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	35:02	8:32	3	2:53	89	17:32	4.10	35:02	8:32	5	2:53	95	17:32
Loddenke	2.20	15:28	7:01	3	2:51	91	8:29	6.30	50:30	8:00	5	5:44	94	26:01
Ilseburg/Markt	3.30	20:02	6:04	3	2:22	86	9:16	9.60	1:10:32	7:20	3	8:06	90	35:17